

Summer 2016

thevoice

The newsletter of abbeyfieldscotland



This charming photograph embodies the essence of our new website. Credit goes to photographer Peter Devlin for capturing the heart and spirit of “the Abbeyfield Experience” and to you for your kind co-operation!

Pictured: David Allan, resident, Stonehaven, Donna Nicol, House Supervisor and her niece, baby Meah. In the background is resident Elma Henderson.





Volunteer Week 2016

Abbeyfield Scotland houses in the Stirling Council area took part in Volunteer Week 2016 by giving a 'Big Thank You' card to their volunteers, the Friends of Abbeyfield.

Pictured with Mike Menzies of Killearn Friends of Abbeyfield is local resident Dot Gladstone who expressed the residents' appreciation for the Friends' commitment. She described some examples of their help such as accompanying them to dental appointments, regular 'News Reviews', the annual Burns Supper, and keeping the garden blooming.

At Bridge of Allan, the residents and Friends displayed the 'Big Thank You' cards where resident Bridget Robinson spoke about the difference the Friends make to their lives

including shopping trips, outings, guest speakers, hospital visits, and even changing hearing aid batteries. She concluded, "If you live here, every week is a thank you week".

Head of Housing Operations, Karen Barr said "Friends of Abbeyfield come from a range of backgrounds and ages: young people working on their Duke of Edinburgh award through to retirees using their time and talents to improve the lives of others. Volunteering is a sign of positive community spirit by people who want to share experience, and develop friendships".

If you or someone you know is interested in living or volunteering at Abbeyfield, call the houses direct or head office on **0131 225 7801**.





Dock Park

Dock Park resident Edgar Hunneybell recently celebrated his 101st birthday! Fellow resident Reverend Logan Kirk gave a speech and Edgar was joined by family, friends, fellow residents and staff who all joined in the festivities. Congratulations Edgar - you are amazing!

It's not only our residents who celebrate birthdays. Lynne White, Area Supervisor, Dumfries and Galloway, celebrated her birthday with residents and staff at Dock Park recently.

Happy birthday, Lynne!

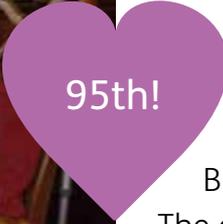


Lynne White and Reverend Kirk

Day out for Esplanade Residents

Residents and staff of Abbeyfield, Esplanade enjoyed a lovely day out!

In the background is the impressive Queen Elizabeth which was docked at Ocean Terminal.



Happy Birthday!

Lilias McDonald had a wonderful party for her 95th birthday at Park House, Bridge of Allan. It was a great afternoon!

The entertainers for the afternoon were Roberta and friends who sang in harmony, played the flute, told stories, and Fraser played his bagpipes. They were a wow!





Board Games

Giffnock residents participating in the fun of Scrabble!

Sweet Treats

Residents of Abbeyfield House, Torphins, were treated to a Knickerbocker Glory by the Duke of Edinburgh volunteers who are very much appreciated!



All Aboard

A great time was had by Abbeyfield Rosemarkie residents, family and volunteers on a steam train trip from Aviemore to Broomhill.

Joy Cook, resident of Rosemarkie is pictured on the right with a volunteer and her son, the Guard.





Congratulations

Melissa, House Supervisor at Abbeyfield Torphins, was married to Andrew Smith recently. Congratulations to you both!



Happy Birthday!

Happy Birthday to Alice Crooks who turned 97 years old recently.

Over
£600
Raised

Garden Party

On 21st April Abbeyfield Esplanade celebrated the Queen's 90th birthday by holding a garden party. It was a glorious day and over £600 was raised.

John Paton donated £250 on behalf of the 175 Masonic club in Greenock and a further donation of £250 was received and £359 was raised from the white elephant and tombola stalls.

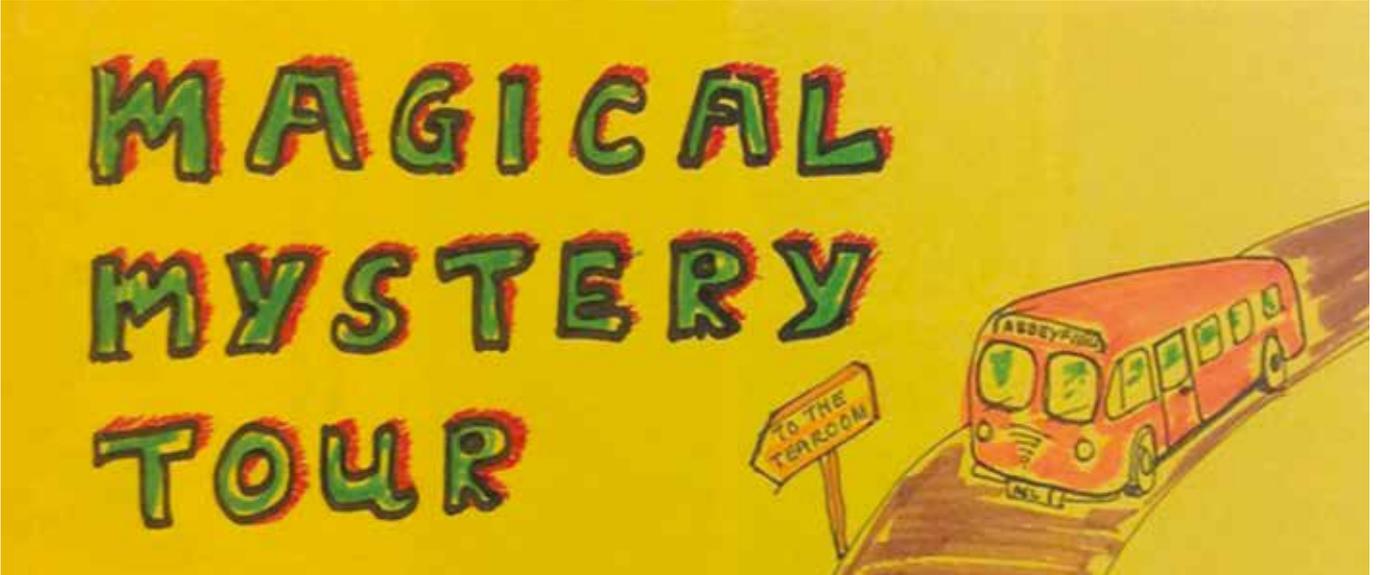
On another occasion, residents, volunteers and staff at Abbeyfield House, Esplanade were entertained by children from a local nursery school with their cheerful songs and actions. Julie Shaw, House Supervisor, provided the tea and delicious treats. Well done children!



iPad Lessons

Killearn resident, Isabel Roach having a lesson on the iPad from volunteer Erin Sanderson.





Magical Mystery Tour

On Wednesday 27th July the residents of Abbeyfield Killearn went on a “Magical Mystery Tour” to a surprise destination for afternoon tea. The setting for the tea was the Fruin Farm Restaurant, Glen Fruin, near Helensburgh. This venue is in beautiful surroundings, with different breeds of sheep, and alpacas, llamas, goats and ducks in the neighbouring fields so there is plenty to see. There are outhouses for special events and the restaurant is situated in the open plan farmhouse, which also houses a small gift shop. The baking is all carried out in-house with a spectacular selection of mouth-watering cakes accompanied by an array of special teas and coffees.

This restaurant was “discovered” by a member of the local classic car club, who joined us for the afternoon in his 1979 Volvo 244 DeLuxe. Those riding in this car enjoyed the experience and afterwards reminisced about some of its features such as wind-up windows and the lack of central locking! Everyone enjoyed their day very much and fortunately the weather was kind to us which made it the perfect day.

Although there had been quite a build up to this mystery tour the destination was revealed to residents by the ceremonial opening of a golden envelope two days before – just like the Oscars ceremony.





International Visitors

Yutaka & Hiroko Inoue from Japan visited Park House, Bridge of Allan while undertaking research into dementia friendly communities in Scotland. They met with the residents, discussing the appeal of the house location and their thoughts on the familiarity of the town and its amenities. Yutaka and Hiroko spent some time with resident Liliac McDonald, who enjoyed sharing her memories of Japan.

At the conclusion of their visit, they reflected that the Abbeyfield model is an inspiring model for older people seeking to retain their independence.

Afternoon Tea

Abbeyfield, Killearn held an afternoon tea for Abbeyfield's Chief Executive, Niall Patterson. It was a great opportunity to spend time with residents, Friends and staff and an enjoyable time was had by all. Thanks to Barbara, House Supervisor and Friends who baked the delicious treats!



Bye Bye Bert

Resident of Ferndean, Lenzie, Bert Nisbet, presented the ladies with flowers as he was leaving to move closer to his daughter down south. We wish you well, Bert!



Summer Lunch

Residents and staff at Lenzie enjoyed a lovely summer lunch which was hosted by the Friends of Abbeyfield. Thank you to the Friends for a lovely afternoon.





Betty Topp of Abbeyfield Stonehaven celebrated her 93rd birthday in June.

A Word from the Chief Executive

Hello and welcome to our summer edition. So much going on, so many celebrations!

Whether you are living quietly or one that likes to be “on the go” I hope you find your own quality of life reflected in The Voice (and if not, please tell us what you’d like to see).

If you’re less familiar with “the Abbeyfield Experience”, the various articles should give you a flavour.

We are very excited about the new website we have been developing. Even more than The Voice, this will tell the whole world about our homes and our people. In connection with this, thank you to our residents for welcoming our photographer recently. We will share the very impressive pictures with every house soon.

Also in development for some time – and with your help – have been our ideas about new services in new locations. We have been very active on this recently so look out for updates.

We asked you about the quality of our services in the Spring and how these could be improved. You received our summary of the results in May. Thank you for the time you took to feedback to us. Added to this, the Care Inspectorate’s recent evaluation of our services in the Forth Valley and Central areas recognised a number of improvements and resulted in an across-the-board upgrade.

Happy reading!

Niall

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7								
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				1		4		
1			8		3			
6	2			7		9		
4	1	6						5
		8	6			1		
		5	4	2			3	

Sudoku

August 2016

Answers from April >

9	3	8	6	1	4	7	2	5
7	6	2	3	5	9	4	1	8
5	1	4	8	7	2	9	3	6
8	4	6	1	2	5	3	9	7
3	2	7	4	9	8	6	5	1
1	5	9	7	3	6	8	4	2
4	9	5	2	8	7	1	6	3
2	7	3	9	6	1	5	8	4
6	8	1	5	4	3	2	7	9



Newsletter also available in large print and on tape.

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