

Summer 2015

thevoice

The newsletter of abbeyfieldscotland



Lenzie reopens after major refurbishment

From left to right - Nance Smith, Vice-Chair, Abbeyfield Scotland, Provost Una Walker, Luca, Resident Isabel Smith and Niall Patterson, CEO, Abbeyfield Scotland.

Abbeyfield House in Lenzie reopens after major refurbishment project

Abbeyfield Scotland, the charity that provides independent living with support for older people across Scotland, held a reopening celebration at their house in Garngaber Avenue in Lenzie on 17 June... *more on pages 4 & 5.*



Jean Stewart a very special lady!

Jean Stewart, a very special lady who resides at the North Berwick house, spent some time living in South Africa where she helped at the local hospital knitting clothes for newborn babies and toys for children in hospital. It was a delight and joy for Jean and her group to hand these out, especially the teddies, as the children would carry them everywhere - even to the XRay unit and theatre, too.

Jean is still knitting teddies for charity or for a baby or child who needs one to hug. She firmly believes that every child needs a teddy!



If anyone knows of a charity that would like teddies or baby clothes, she would love to hear from you. She also has the patterns if you would like one. Her address is Abbeyfield House, 17 Cromwell Road, North Berwick, East Lothian, EH39 4LZ Scotland.

Esplanade raises £200



On Thursday 16 April, a coffee morning was held at the Abbeyfield house, Esplanade. House Supervisors Maureen Houston and Julie Shaw prepared a delicious array of home baking for residents and volunteers. Funds raised for summer outings and activities amounted to £200.





Haddington's Contact the Elderly Group

A **tea party** for the Haddington Contact the Elderly Group and Abbeyfield's Haddington residents was held at the Abbeyfield house on 26 April. This was the first time a group from Edinburgh/East Lothian had tea at an

Abbeyfield home. Everyone had a very good time with lively chat and a delicious tea organised and hosted by Julia Baker and Linda Davie.

Competition!

We would like to ask you to design a beautiful Christmas Card to represent Abbeyfield Scotland which will be printed and sold in packs to raise funds to support local Abbeyfield Scotland activities.

Please contact Abbeyfield Scotland's Edinburgh office for details if you would like to get involved.

There will be a prize for the winning card!
Entries to be in by 30 September 2015.



From the front of the house:
the new addition housing the
stairwell and platform lift...



...and from the back of the house

Anyone for
tea?



Debbie Hetherington,
House Supervisor
and Garry Smith,
Area Manager



Modern bathroom

Abbeyfield House in Lenzie reopens

The Provost Mrs Una Walker and other dignitaries, residents, local volunteers, neighbours and families all joined the Abbeyfield Scotland team to officially reopen the house (see images) following an extensive refurbishment and modernisation programme of £320,000.

The investment in the house, which is home to 10 residents, includes a new extension which contains a platform lift for access to the upper floors, increased room sizes and brand new en-suites which have been

carefully designed in a contemporary style to suit older people's needs. The programme was sensitively carried out to reflect the lovely character of the Victorian house.

Before the house joined the Abbeyfield Scotland portfolio in 2008, the local community led by the then Provost Janet 'Jenny' Coutts, raised funds to buy the house with the intention to provide much needed supported accommodation in Lenzie for older people. The late Mrs Coutts along with other volunteers in the community





The reopening celebrations were marked by the ceremonial 'cutting of the cake'

From L to R: Councillor Gillian Renwick, Councillor Rhondda Geekie, Nance Smith, Vice-Chair, ASL, Alice MacKenzie, local historian and former librarian, cutting the celebratory cake, Niall Patterson, CEO, ASL, Provost Una Walker and Depute Provost, Anne Jarvis.



New stairwell



Abbeyfield House Lenzie



Platform lift

after major refurbishment project

including local historian and former librarian Alice MacKenzie, who still lives in Garngaber Avenue and who was also at the reopening celebration, held fund raising events to not only purchase the house but also for the upkeep of the house. Many members of the original volunteer committee are still actively involved in the house which is held in high regard in the community.

Commenting on the reopening, Niall Patterson, Chief Executive of Abbeyfield Scotland said: "We are extremely proud of

the achievements here in Abbeyfield House Lenzie. The facilities now available in the house are a sign of the commitment we have to ensuring that our residents have an environment which is not only practical and modern but homely. I want to thank the residents and the staff for their patience during the refurbishment programme and to the building team who have worked extremely hard to get the project delivered. We are seeking to invest in other houses across Scotland to modernise the service for our residents.



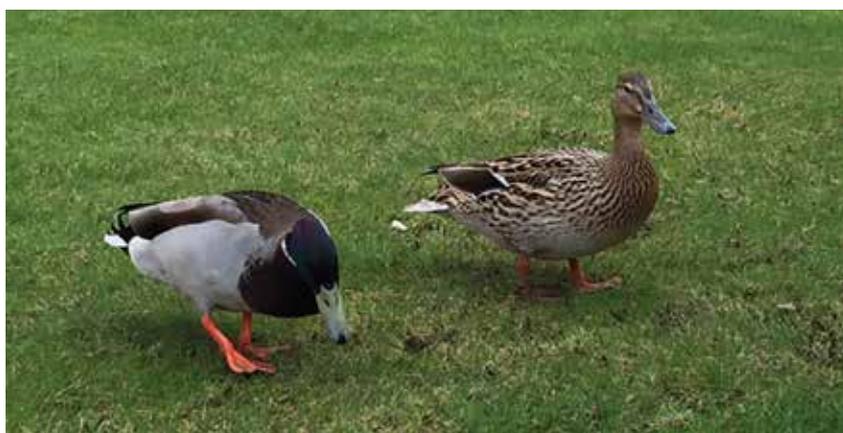


Newton Mearns iPad Training

Jack Barber, university student, visits weekly to assist the ladies in learning to use the iPad. He has written an essay on his time there and has allowed us to print the following kind words:

‘Just visiting Abbeyfield once a week shows me that an old people's home can be a safe haven for the elderly, where they can get help when they need it and live independently when they don't. A retirement home can be the best option for our precious

older generation to live a full life while still remaining close to their loved ones - home is where the heart is, and so Abbeyfield means more to me than I could ever hope to type, and it is also a home to those who stay there. [The ladies I instruct] have all told me in turn that Abbeyfield is wonderful, that they are cared for and none of them would have it any other way. It may seem a contradictory message I'm giving, but it is not the retirement home but the motives behind sending a loved one there which matter.’



Donald & Daisy

These two lovely ducks have been visiting the Haddington garden at this time of year for the last few years. They are quite tame and love to sunbathe on the decking. House Supervisor, Linda Davie, thinks they spend the summer in the area bringing up their young.





Kwaheri! (Goodbye) to Lillian Owiti

Abbeyfield Scotland's Finance Manager, Lillian Owiti, has worked for the organisation for five and a half years and is off to pastures new.

We will miss you, Lillian, and wish you all the best in your future endeavours. Please stay in touch!

Welcome Neil Mutch!



Welcome to Neil Mutch, Abbeyfield Scotland's newly appointed Asset Manager who is covering Clare Dodd's maternity leave.



Abigail

Congratulations on our new arrivals!

Clare Dodd, Abbeyfield Scotland's Asset Manager, welcomed a beautiful second daughter, Abigail.

Aidan



Jean Milne Abbeyfield Scotland's Business Support Assistant, with her beautiful grandson Aidan.





Molly

Meet Molly - Maureen Houston's adorable dog who is well loved by the residents at Esplanade.



Happy Birthday Rita!

Rita Duncan turned 97 years old on 15 May. Jimmy McGibbon, seated next to her, asked "When's the next leap year?" We will get a wedding yet !

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	2			8			9	5
4		8	9		1		6	
	7			5				
	4						2	3
			7	9				
		6	1			8		

A word from the Chairman, Jim Craigie



As you can see, life at our houses continues to be as busy and interesting as ever! This is thanks to the dedication of our staff with whom we have been recently sharing the Board's strategy to create a stable, prosperous future for Abbeyfield.

There will be challenges as we seek to ensure our services are as relevant and popular for people in the future as they have been with our residents now. The improvements at Lenzie are a measure of the Board's determination to deliver on that aim.

Sudoku

August 2015

Answers from March >

6	4	9	7	3	1	2	8	5
2	8	3	9	5	6	4	7	1
1	7	5	2	4	8	3	9	6
4	9	1	8	6	7	5	3	2
5	3	7	4	9	2	1	6	8
8	6	2	3	1	5	7	4	9
3	1	4	6	2	9	8	5	7
9	5	8	1	7	3	6	2	4
7	2	6	5	8	4	9	1	3

Newsletter also available in large print and on tape.

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